

# Family Mediation Training and Accreditation



Friarylaw ADR

## Course Schedule

### DAY 1      MODULE 1      MEDIATION IN CONTEXT IN IRELAND

The goal of Module 1 is to put Mediation as a dispute resolution process in its proper regulatory and legislative context in Ireland. While mediation is not the sole preserve of lawyers, it is essential that all accredited mediators (lawyers and non-lawyers alike) understand the legal framework in which they will mediate as a *Friarylaw ADR Accredited Mediator*.

The schedule for Day 1 is as follows:

Time	Activity	Details
9:00 – 9.15	Arrival of delegates.	
9:15 – 11:15	<b>Session 1</b> Friarylaw Oliver J. Connolly BL	<ul style="list-style-type: none"> <li>■ <i>The momentum for Mediation in a domestic and international context, a mini review of selected materials from the Civil &amp; Commercial Mediation Module taught by Oliver at Trinity and Partnering with Friarylaw.</i></li> <li>■ <i>Review of Irish law in respect of mediation</i></li> <li>■ <i>Current Court Rules &amp; Processes for mediation (e.g., Circuit Court Rules &amp; Rules of Superior Courts)</i></li> </ul>
11:15 – 11:30	Morning Coffee Break	
11:30 – 12:45	<b>Session 2</b> Friarylaw Michael Gorman, BA, JD, LL.M	<ul style="list-style-type: none"> <li>■ <i>Friarylaw Public Sector Legal Spend Analysis;</i></li> <li>■ <i>International Models of Dispute Resolution;</i></li> <li>■ <i>DRSI.eu</i></li> </ul>
13:00 – 14:00	Lunch	



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## DAY 1      MODULE 2      MEDIATION TRAINING

Friarylaw ADR will start the practical mediation training on the afternoon of Day 1. These training sessions will run for 3 days and will culminate in the formal assessment for accreditation on Saturday morning (Module 4). While arduous and reasonably demanding, the training process is very enjoyable and is essentially practical in nature. The overarching goals of the training days are to inculcate delegates with the basic skills and tools used by successful mediators in the conducting of mediations. The training encompasses a wide range of scenarios and specifically deals with particular problem areas.

The format for the second half of Day 1 (Module 3) is as follows:—

Time	Activity	Details
14:00 – 15:30	Session 3	<ul style="list-style-type: none"> <li>■ Programme objectives</li> <li>■ Introduction to Mediation               <ul style="list-style-type: none"> <li>• Including a comparison to and contrast with other dispute resolution techniques</li> </ul> </li> <li>■ Advantages of Mediation               <ul style="list-style-type: none"> <li>• Party empowerment</li> <li>• Party self-determination</li> </ul> </li> <li>■ Why Mediation Works</li> </ul>
15:45 – 17:45	Session 4	<ul style="list-style-type: none"> <li>■ Core Mediation Skills</li> </ul>
17:45 – 18:00	Summary and Conclusion	

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## DAY 2      MODULE 3      MEDIATION TRAINING

Friarylaw & ADR Group's practical mediation training continues. During these two days of practical training the role plays become increasingly more sophisticated and the training builds on the foundation work of the previous day. There is an increased use of break-out sessions and feedback. The proposed schedule for Day 2 and Day 3 of Module 3 is as follows—

Time	Activity	Details
9:15 – 9:30	Arrival of Delegates	
9:30 – 10:00	<b>Session 1</b>	<ul style="list-style-type: none"> <li>■ Review of programme to date</li> <li>■ Objectives for today</li> </ul>
10:00 – 11:15	<b>Session 2</b>	<ul style="list-style-type: none"> <li>■ <i>Communication Skills</i></li> </ul>
11:15 – 11:30	Morning Coffee Break	
11:30 – 13:00	<b>Session 3</b>	<ul style="list-style-type: none"> <li>■ <i>Problem Solving and Creativity in Mediation</i></li> </ul>
13:00 – 14:00	Lunch	
14:00 – 15:30	<b>Session 4</b>	<ul style="list-style-type: none"> <li>■ <i>Psychology and Mediation (including discussion of diversity issues in mediation)</i> <ul style="list-style-type: none"> <li>• <i>First Role Play Scenario</i></li> </ul> </li> </ul>
15:30 – 15:45	Afternoon Coffee Break	
15:45 – 17:45	<b>Session 5</b>	<ul style="list-style-type: none"> <li>■ <i>Negotiation and Mediation</i> <ul style="list-style-type: none"> <li>• <i>Second Role Play Scenario</i></li> </ul> </li> </ul>
17:45 – 18:00	Summary and Conclusion	

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## DAY 3      MODULE 3      FAMILY MEDIATION TRAINING

The objectives of the remaining modules are to provide candidates with further practical mediation training, having already achieved civil and commercial mediator accreditation, specifically in the context of family mediation. The legal context of family mediation is explored, and the different models are introduced. The role plays will from now on focus solely on family mediation scenarios, and the skills that are required of a family mediator.

Time	Activity	Details
9:15 – 9:30	Arrival of Delegates	
9:30 – 10:45	<b>Session 1</b>	■ Legal Context for Family Mediation in Ireland
10:45 – 11:00	Morning Coffee Break	
11:00 – 11:45	<b>Session 2</b>	■ <i>Review of Core Mediation Skills</i>
11:45 – 12:45	<b>Session 3</b>	■ <i>The Family Mediation Process</i> <ul style="list-style-type: none"> <li>• <i>Structures</i></li> <li>• <i>Procedures</i></li> <li>• <i>Role of Legal and Other Advisors</i></li> </ul>
12:45 – 13:45	Lunch	
14:00 – 14:50	<b>Session 4</b>	■ <i>The Family Mediation Process</i> <ul style="list-style-type: none"> <li>• <i>Documentation</i></li> <li>• <i>Family Mediation Tools</i></li> </ul>
14:50 – 15:10	Demonstration:- Mediation Information Session	
15:10 – 16:00	<b>Session 5</b>	■ <i>Key Concerns in Family Mediation</i> <ul style="list-style-type: none"> <li>• <i>Capacity to Mediate</i></li> <li>• <i>Child Protection</i></li> <li>• <i>Domestic Violence</i></li> </ul>
16:00 – 16:15	Morning Coffee Break	
16:15 – 17:45	<b>Session 6</b>	■ <i>Sole Mediation — Opening Individual Sessions</i> <ul style="list-style-type: none"> <li>• <i>Role Play</i></li> </ul>
17:45 – 18:00	Summary and Conclusion	

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## DAY 4      MODULE 4      PRACTICAL FAMILY MEDIATION TRAINING

All of today's training will take the form of role plays with subsequent discussion and analysis. Both sole mediation and co-mediation scenarios shall be explored. While the individual role plays shall have a main set of issues as their subject matter, they are all designed to build the various skills that are required in family mediation.

Time	Activity	Details
9:15 – 9:30	Arrival of Delegates	
9:30 – 9:45	<b>Session 1</b>	<ul style="list-style-type: none"> <li>■ <i>Review of Programme to date</i></li> <li>■ <i>Objectives for Today</i></li> </ul>
9:45 – 11:15	<b>Session 2</b>	<ul style="list-style-type: none"> <li>■ <i>Sole Mediation — Preparing the Agenda and the Financial Summary</i> <ul style="list-style-type: none"> <li>• <i>Role Play</i></li> </ul> </li> </ul>
11:15 – 11:30	Morning Coffee Break	
11:30 – 13:00	<b>Session 3</b>	<ul style="list-style-type: none"> <li>■ <i>Sole Mediation — Developing the Mediation</i> <ul style="list-style-type: none"> <li>• <i>Role Play</i></li> </ul> </li> </ul>
13:00 – 14:00	Lunch	
14:00 – 15:45	<b>Session 4</b>	<ul style="list-style-type: none"> <li>■ <i>Co-Mediation — Preparing the Agenda and the Financial Summary</i> <ul style="list-style-type: none"> <li>• <i>Role Play</i></li> </ul> </li> </ul>
15:45 – 16:00	Afternoon Coffee Break	
16:00 – 17:30	<b>Session 5</b>	<ul style="list-style-type: none"> <li>■ <i>Co-Mediation — Developing the Mediation</i> <ul style="list-style-type: none"> <li>• <i>Role Play</i></li> </ul> </li> </ul>
17:45 – 18:00	Summary and Conclusion	

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## **DAY 5      MODULE 5      COMPLETION OF MEDIATION TRAINING AND FORMAL ASSESSMENT**

Friarylaw ADR's practical mediation training will be completed on the morning of Day 5.

The formal assessments (Module 5) are held where each delegate will mediate a dispute for a period of 1 hour and 20 minutes. This formal assessment is recorded digitally for subsequent review and marking. Delegates will need to put all that they have learned in the previous 4.5 days into practice during the formal assessment in order to secure accreditation.

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